

Year	Month	Day	Hour	Minute	Second	Activity	Location	Notes	Remarks	Signature	Date
2023	01	01	00	00	00	Start of shift	Control Room				
2023	01	01	00	01	00	Check system status	Control Room				
2023	01	01	00	02	00	Review logs	Control Room				
2023	01	01	00	03	00	Monitor equipment	Control Room				
2023	01	01	00	04	00	Check communication	Control Room				
2023	01	01	00	05	00	Review reports	Control Room				
2023	01	01	00	06	00	Check system status	Control Room				
2023	01	01	00	07	00	Monitor equipment	Control Room				
2023	01	01	00	08	00	Check communication	Control Room				
2023	01	01	00	09	00	Review reports	Control Room				
2023	01	01	00	10	00	Check system status	Control Room				
2023	01	01	00	11	00	Monitor equipment	Control Room				
2023	01	01	00	12	00	Check communication	Control Room				
2023	01	01	00	13	00	Review reports	Control Room				
2023	01	01	00	14	00	Check system status	Control Room				
2023	01	01	00	15	00	Monitor equipment	Control Room				
2023	01	01	00	16	00	Check communication	Control Room				
2023	01	01	00	17	00	Review reports	Control Room				
2023	01	01	00	18	00	Check system status	Control Room				
2023	01	01	00	19	00	Monitor equipment	Control Room				
2023	01	01	00	20	00	Check communication	Control Room				
2023	01	01	00	21	00	Review reports	Control Room				
2023	01	01	00	22	00	Check system status	Control Room				
2023	01	01	00	23	00	Monitor equipment	Control Room				
2023	01	01	00	24	00	Check communication	Control Room				
2023	01	01	00	25	00	Review reports	Control Room				
2023	01	01	00	26	00	Check system status	Control Room				
2023	01	01	00	27	00	Monitor equipment	Control Room				
2023	01	01	00	28	00	Check communication	Control Room				
2023	01	01	00	29	00	Review reports	Control Room				
2023	01	01	00	30	00	Check system status	Control Room				
2023	01	01	00	31	00	Monitor equipment	Control Room				
2023	01	01	00	32	00	Check communication	Control Room				
2023	01	01	00	33	00	Review reports	Control Room				
2023	01	01	00	34	00	Check system status	Control Room				
2023	01	01	00	35	00	Monitor equipment	Control Room				
2023	01	01	00	36	00	Check communication	Control Room				
2023	01	01	00	37	00	Review reports	Control Room				
2023	01	01	00	38	00	Check system status	Control Room				
2023	01	01	00	39	00	Monitor equipment	Control Room				
2023	01	01	00	40	00	Check communication	Control Room				
2023	01	01	00	41	00	Review reports	Control Room				
2023	01	01	00	42	00	Check system status	Control Room				
2023	01	01	00	43	00	Monitor equipment	Control Room				
2023	01	01	00	44	00	Check communication	Control Room				
2023	01	01	00	45	00	Review reports	Control Room				
2023	01	01	00	46	00	Check system status	Control Room				
2023	01	01	00	47	00	Monitor equipment	Control Room				
2023	01	01	00	48	00	Check communication	Control Room				
2023	01	01	00	49	00	Review reports	Control Room				
2023	01	01	00	50	00	Check system status	Control Room				
2023	01	01	00	51	00	Monitor equipment	Control Room				
2023	01	01	00	52	00	Check communication	Control Room				
2023	01	01	00	53	00	Review reports	Control Room				
2023	01	01	00	54	00	Check system status	Control Room				
2023	01	01	00	55	00	Monitor equipment	Control Room				
2023	01	01	00	56	00	Check communication	Control Room				
2023	01	01	00	57	00	Review reports	Control Room				
2023	01	01	00	58	00	Check system status	Control Room				
2023	01	01	00	59	00	Monitor equipment	Control Room				
2023	01	01	00	00	00	End of shift	Control Room				